



Womb Blessing® Attunement
Female Energy Awakening
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www.wombblessing.com

Supporting the world: Crone ‘Wisdom Moon Mothers©’

Moon Mothers© who are experienced post-Sophia (last blood) women

By international women’s author and teacher Miranda Gray

Prayer ceremonies for the dying and the bereaved

As a Crone we are more comfortable with the world of spirit. It is not something we have to believe in - it is something we live in. Saying prayers for the dying and sending energy; saying prayers for the grieving and holding them in sacred space; saying prayers for the soul and sharing love - these are all part of the role of the Crone.

At a time when women are unable to go out to funerals, unable to hug family in grief and in comfort, there is a need for simple online ceremonies and for straightforward rituals of passage. Families will meet together online to share stories, to grieve and to comfort, but there is a need for the Crone to offer the prayers of the Dark Mother to guide family and soul.

A prayer for a person dying

Someone may ask you to say a prayer for someone who is dying.

Keep everything simple, whether you are doing this on your own as a request from someone who has asked you for help, or whether the person who is asking is virtually present with you online - the Crone is not about complexity.

If you have a candle, light it. If you have a dark bowl, this can be used as a representation of the Crone. If you have a dark shawl, place it over your head and shoulders. If you have none of these things, it is okay.

You will need the name of the person that the prayer is for.

Instruction for the person asking for the prayer if present online:

Bring your hands together in prayer position.

Your personal preparation:

Take a deep breath and bring your awareness to your Womb Tree. Grow your roots deep into the Earth.

Feel the Earth beneath you.



Feel, know or see a Dark Moon lying in the branches of the Womb Tree above you. Stars and galaxies lie between the branches.

Open your hands with your palms out, and be aware of the Crone's love flowing from your heart towards the person asking for the prayer and towards the person who is dying.

Gently and tenderly read out loud the following prayer:

Dark Mother,

Wrap your soft wings of starlight around those who are dying.

Wrap your soft wings around (*add the name here*).

Hold them in your infinite love and light.

May they feel your presence and not feel alone.

May they feel their soul and its love for them.

May they feel the love of their family even though they are absent.

Mother, comfort them through any distress, and gather them into your lap.

Awaken the soul's intense joy and love as it returns to you.

Mother, guide the soul whose path is to stay and help others.

And guide the soul whose path it is to become part of your greater love and light.

Mother, bless all souls so that they may shine brightly

easing their body and their mind, and those of the people around them.

And Mother may your gentle calming love hold all who support this soul at this time and light a star of hope to guide them.

(Pause)

Take a deep breath and bring your awareness to your Womb Tree.



See, know, or feel that the Full Moon lies above you in the tree's branches, bathing you in soft moonlight. The light flows over you and through you, down your arms and out of the palms of your hands.

You have Full Moons on the palms of your hands radiating light towards the person asking for the prayer.

Say out loud:

Mother of Light bless those who grieve.

Surround them with your love.

Let them relax into your arms and know that they are safe.

And in the darkness, light a star of love and hope in their heart that will sustain them and guide them in the days ahead.

Strengthen them with your light and love

so that hope may grow in their lives.

(Pause)

Smile with love and gratitude, and open your eyes.

If the person asking for the prayer is with you online, say:

Take a deep breath.

Feel gratitude for the love of the Mother.

Smile.

Open your eyes.

(Also suggest that they eat and drink something.)



A prayer for those who grieve

This prayer may be done in private on behalf of someone who has requested your help, or it may be presented with the person virtually present online. This prayer can be said as a general prayer or you can add specific names.

Your personal preparation:

Take a deep breath and bring your awareness to your Womb Tree. Grow your roots deep into the Earth.

Feel the Earth beneath you.

Feel, know or see a Dark Moon lying in the branches of the Womb Tree above you. Stars and galaxies lie between the branches.

Open your hands with your palms out, and be aware of the Crone's love flowing from your heart towards the person asking for the prayer and towards the person who is dying.

Gently and tenderly read out loud the following prayer:

Dark Mother,

Hold those who grieve (add names here if you wish)

who have lost without a last 'good-bye',

who feel empty and abandoned,

whose life and heart and soul have been torn apart,

whose feet have stopped on the path,

whose responsibilities threaten to crush them.

Dark Mother wrap them in your wings of space and starlight

protect them from the outside world,

centre them in peace,

open their hearts so that they may feel the strength of your love.

In the darkness of despair may they feel your love supporting them.

In the darkness of their breaking may they feel your love holding them together.

In the darkness of their loss may they feel your love filling the emptiness.



Soften their fears,
ease their minds,
as they rest with you at this time.

(Pause)

Take a deep breath and bring your awareness to your Womb Tree.

See, know, or feel that the Full Moon lies above you in the tree's branches, bathing you in soft moonlight. The light flows over you and through you, down your arms and out of the palms of your hands.

You have Full Moons on the palms of your hands radiating light towards the person asking for the prayer.

Say out loud:

Mother of Light bless those who grieve.

Surround them with your love.

Let them relax into your arms and know that they are safe.

And in the darkness, light a star of love and hope in their heart
that will sustain them and guide them in the days ahead.

Strengthen them with your light and love
so that hope may grow in their lives.

Smile with love and gratitude, and open your eyes.

If the person asking for the prayer is with you online say:

Take a deep breath.

Feel gratitude for the love of the Mother.

Smile.

Open your eyes.

(Also suggest that they eat and drink something.)



If you find that you are very sensitive or emotional during the session and you are unable to keep centred in the love and peace of the Crone, it may be that you are tired and need to rest to restore your own energies, or you may not yet be in the Crone stage of life and are still in the Enchantress stage. You can follow the Enchantress approach outlined in a separate article to see if that feels more in harmony with your current energies.

A prayer for the soul

This prayer may be done in private on behalf of someone who has requested your help, or it may be presented with the person virtually present online. This prayer can be said as a general prayer or you can add specific names.

You do not need anything to do this ritual prayer, but it is nice to wear a black shawl and to have a candle in front of you to light. (You can have a picture of a candle or find a virtual one online.)

Your personal preparation:

Take a deep breath and bring your awareness to your Womb Tree. Grow your roots deep into the Earth.

Feel the Earth beneath you.

Feel, know or see a Dark Moon lying in the branches of the Womb Tree above you. Stars and galaxies lie between the branches.

Open your hands with your palms out, and be aware of the Crone's love flowing from your heart towards the person asking for the prayer and towards the person who is dying.

Light a candle if you have one.

Gently and tenderly read out loud the following prayer:

I light a candle for (name of deceased) of behalf of (name):

A light for good memories.

A light for a good soul.

A light for a life well lived.

(If appropriate: A light for the end of suffering.)

A light for peace.



I light a candle for *(name of deceased)* of behalf of *(name)*:

A light for the love given.

A light for a kind and generous heart.

A light for the sharing of a life.

And a light for the joy given freely.

I light a candle to bless those left behind:

A light to light the way ahead.

A light for hope that lies within the heart.

I light a candle for *(name)* of behalf of *(name of deceased)*.

A light to bless the soul.

Addition where appropriate:

Maiden guide the path of this soul into new beginnings.

Mother comfort the grieving and wrap them in your love.

Enchantress bring strength to walk this path of change.

Crone Mother help us to sit in the darkness and hear your soft voice of love.

Sit for a while with eyes closed sending energy to the soul and to everyone affected.

Smile with love and gratitude, and open your eyes.

If the person asking for the prayer is with you online say:

Take a deep breath.

Feel gratitude for the love of the Mother.



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Smile.

Open your eyes.

(Also suggest that they eat and drink something.)

For more articles and meditations by Miranda Gray see www.mirandagrays.co.uk and www.wombblessing.com