

The Worldwide Womb Blessing®
10th Anniversary Year
www.wombblessing.com



Circle of Sisters Full Moon Meditations.

May Full Moon:

The Passion Moon Meditation

Close your eyes and take a deep breath.

A slight breeze gently touches your face and moves your hair.

(Pause)

Feel, know, or see that you stand on the slide of a gently sloping hill. The sun is setting over a beautiful landscape and the first stars are beginning to appear. The short grass around your feet is full of delicate white flowers that release a beautiful perfume as you walk over them.

You feel relaxed, and yet there is a slight tension, a slight flow of magic in the Earth beneath your feet.

(Pause)

A large Full Moon rises from behind the top of the hill and silhouetted against its soft glow you see two forms dancing.

As you walk closer the feeling of magic increases and the sparkling white light of the Moon swirls around you.

In front of the Moon you see two hares dancing. They flow around each other - sometimes in the air, sometime on the ground. Their fur shines with golden light and their dance is full of joy and life, and natural elegance and grace.

You watch in wonder and delight at their beauty.

(Pause)

The magic of the Moon and the hares wraps around you and lifts you into the air. You turn around, arms outstretched, tasting their freedom and joy. A small paw touches your hand, and you look into dark eyes that are filled with stars as a hare brings you into their dance.

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As you flow, you drop your burdens and embrace the passionate joy of being alive, of being creative, impulsive, and emotional, and of being who you are.

With the hares you weave joy, life, sensuality, and passion into the world.

(Pause)

In the weaving of the dance your womb opens and fills with sexual and sensual energies. Your heart opens and fills with love and the desire to create your path and express your being. You hold nothing back in this moment of blissful connection to your sexual and sensual power.

(Pause)

Finally, the dance slows and once again you stand on the hill overlooking the land. The two hares sit beside you, and you feel the presence of the Earth beneath your feet and of the Moon at your back.

Feel centred in your beautiful and gentle power, confident in your abilities and passion.

As you slowly walk down the hill you feel your hips swinging gently, and you know that you are a woman of beautiful magic.

Smile at the world.

Open your eyes.

Let your passion shine from your heart, from your smile, and from your eyes!

To ground after the meditation:

If you feel energised after the meditation you may like to dance or share your energies with your partner!

Have something to eat that reflects passion – a food that you love, an aphrodisiac, or a food that stimulates the senses, your imagination, your creativity, and your sensuality!

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