

The Worldwide Womb Blessing®
10th Anniversary Year
www.wombblessing.com



Archetype Meditation Special 10th Anniversary Year NEW 'Sharing Meditation'

When can I do the meditation?

You may like to take part in the following meditation after receiving the Worldwide Womb Blessing - at 20 minutes past the hour. Allow approximately ten minutes for the meditation.

At the beginning, place your shawl over your head and shoulders to create a sacred space.

The Meditation

Close your eyes and bring your awareness into your body.

Feel, know, or see that you are bathed in soft moonlight.

(Pause)

Take a deep breath.

And see, or know, that you stand on the roots of an enormous tree that gently glows with a soft white energy. Two large branches reach up high into the night sky, and they are full of leaves and stars and galaxies.

(Pause)

The large roots weave a complex pattern around the tree and flow out into space. You know that you stand on a sacred symbol woven from the beautiful feminine energies of the universe.

(Pause)

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On the roots sits a multitude of women dressed in white. Each woman's womb centre glows with a soft white light. And each woman's womb centre resonates with the other women through the roots of the tree.

As you look into the distance you realise that you are not seeing stars, but billions of women with their radiant womb centres.

In your heart and womb you know that you are surrounded by the Circle of Sisters. Every woman is connected to each other and to the sacred feminine energies of the Universal Womb Tree.

We are one pattern.

(Pause)

Look down and see that you are wearing white robes. And see or feel that your lower belly glows with a beautiful soft white light.

Feel your heart open.

(Pause)

You sit on the root that lies beneath you. Energy flows up from the root into your womb centre and fills it.

Your womb centre responds to the energy, expanding outwards in all directions and becoming one with the sacred feminine pattern of all women.

(Pause)

Breathe in and let go.

You are home.

(Pause)

Breathe in and let go.

You belong.

(Pause)

Breathe in and let go.

You are who you are meant to be.

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(Pause)

Now be aware of the Full Moon above you in the branches of the Universal Womb Tree.

Her light flows over you and through you, and you glow with her light.

As you are bathed in moonlight, feel it shine from your womb centre, from your heart centre, and from your whole being into the Universal Circle of Sisters.

(Long pause)

Know that on the roots and under the tree we are daughters of the Divine Feminine, and we are all sisters.

Bring your physical hands together into prayer position, and say in your heart:

“May all women feel this beautiful connection to each other. And may all women know and respect that they are sisters.

“May all women feel this beautiful connection to the Divine Feminine. And may all women know that they are her expression in the world.

“May all women experience their sacredness, their beauty and strength, and their inner peace and love.

“And may all women, now and in the future, awaken and walk with this love of the Sacred Feminine in their hearts and wombs in the everyday world.”

Take a moment to feel deep gratitude and love for the Divine Feminine.

(Pause)

Place your physical hands over your lower belly.

Take a deep breath.

Grow your Womb Tree roots deep into the Earth.

(Pause)

Open your eyes.

Be still for a few minutes and bathe in the beautiful feelings flowing through you. Look around you with eyes that see the light of the Divine Feminine and her pattern in the world. Smile.

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