

How to give an Earth-Yoni Blessing

When we give the Earth-Yoni Blessing we open to the love of the Divine Mother and we allow her presence and energy to flow into our culture and society through the women that we bless.

Once you have received the Earth-Yoni Blessing, you can give an Earth-Yoni Blessing to other women so that they too can share this gift from the Mother. The Earth-Yoni Blessing is a **freely** given gift of love for the healing of all women. You may give and receive the Earth-Yoni Blessing as often as you wish.



Statue by Debbie Berrow www.bellpineartfarm.com

How to give the Earth-Yoni Blessing:

The Earth-Yoni Blessing is a combination of a simple hand position, a prayer and an openness to receive and experience the energy.

Both you and the receiver can be either sitting or standing for the Blessing.

Ask the receiver to place her hands in the **Yoni position**.

Gently hold your hands around hers. (**See photograph**).

If you are giving the Blessing to more than one woman, have all the women place their hands in the Yoni position.

An Earth-Yoni Blessing can take as long as you want, it can be given quickly if you have a large group.

Say the words of the prayer either out loud or in your head.



The Earth-Yoni Blessing sequence:

- 1. Place your hands round the receiver's hands.**
Take a deep breath and bring your awareness to your Yoni.
- 2. From my Yoni to the Earth.**



www.earth-yoni.com
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Feel, know or see, your Yoni connecting to Mother Earth. Hold this awareness until you feel ready to go to the next step.

3. From my heart to your hands.

Bring your awareness to your heart. Feel or imagine that there is a flow of loving energy from your heart, through your hands to the receiver's heart. Hold this awareness for as long as you wish.

4. From the Mother's heart to your Yoni, sacredness, love and life.

See or know that pale pink light and ruby light surrounds you and your hands. You may be aware of the loving presence of the Divine Mother. Hold awareness of the beautiful Divine Feminine energies for as long as you wish.

5. Separate the hands of the receiver.

Place them either over her heart, or one hand over her heart and the other hand over her lower belly.

Place your own hands over your heart and stay heart-centred in the loving energy for as long as you wish.

At the end of the blessing open your eyes and smile.

☯ After the Earth-Yoni Blessing

Your receiver can now give the Earth-Yoni Blessing to another woman. Please give her a copy of this hand-out so she can pass the Earth-Yoni Blessing on to other women.

A Worldwide Earth-Yoni Blessing for all women

Join thousands of women from around the world in the Worldwide Womb Blessing and Earth-Yoni Blessing. Receive the Earth-Yoni Blessing and the Womb Blessing from their originator Miranda Gray and experience the beauty of women sharing energy, love and healing.

To register to receive the Worldwide Earth-Yoni Blessing and Worldwide Womb Blessing go to:
www.wombblessing.com

Blessing Days are usually held on the full moons in February, May, August, October and December. Join us on your own or with a group of friends!

